

# Amber Bliss

(she/her) MS, LCMHC-A

## SPECIALTIES

- Autism
- Child Anxiety
- Child Depression
- Neurodivergent

## IDEAL CLIENT

- Kids
- Young Adults
- College Students

## ABOUT ME

Amber offers individualized care using therapeutic techniques that pull from CBT, art, and play therapy. Emphasizing strengths and collaborative goal-setting, she believes in creating effective strategies to help clients overcome obstacles.

## INSURANCE

MEDCOST      AETNA  
CIGNA          BCBS  
CBHA



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