



CREATING VOWS

BUILDING A BETTER RELATIONSHIP

CREATING VOWS

Vows are carefully written or selected words that outline an emotional expression. Often married couples create vows for their marriage. Vows that are shared during their wedding day.

Below you have space to write down your vow for parenting. After you write down your vow, take some time to share it with your partner. Together, discuss how the vows can go from words on paper to actions taking place.

FRIENDLY REMINDER

Make it a priority to commit time to this exercise. The important factor to remember is that you are working to create a meaningful experience while showing your significant other that they are valued, needed, and loved.

Partner A: Parenting Vow:

Partner B: Parenting Vow:

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