

50 DATE IDEAS

BUILDING A BETTER RELATIONSHIP

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I find that what hurts relationships is often tied to balance. The difficulty in balancing life with the relationship. As we age, we tend to progressively become busier and tied to obligations outside of the relationship. Work, school, exercise, etc.... All of these can create distance. The 50 date ideas are aimed to give you first and foremost commitment and balance.

1. Go on a long walk together.
2. Have a picnic at the local park.
3. Go camping in your backyard.
4. Go picking. Pumpkin, apple, strawberry, etc....
5. Take a cooking class.
6. Go see a movie.
7. Go to the opera.
8. Take a painting class.

FRIENDLY REMINDER

Make it a priority to commit time to this exercise. The important factor to remember is that you are working to create a meaningful experience while showing your significant other that they are valued, needed, and loved.

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9. Take a pottery class.
10. Go on a coffee date.
11. Go to a new restaurant in town.
12. Visit a local bar for a drink.
13. Take a mini-vacation to the beach.
14. See a comedy show.
15. Take a weekend trip out of town.
16. Take a yoga class.
17. Visit your old schools.
18. Follow along to a YouTube workout video.
19. Take a mini-vacation to the mountains.
20. Visit the waterpark.
21. Go shopping.
22. Stay at a nice hotel in town.
23. Go see a sports game.
24. Go visit the local farmers market.
25. Explore local trails for birdwatching.
26. Play a board game.
27. Cook a meal together.
28. Go to your local zoo.

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29. Take a hot air balloon ride.
30. Sign up for a local race.
31. Go to a concert.
32. Take a brewery tour.
33. Go roller blading.
34. Go ice skating.
35. Sign up for an obstacle course.
36. Go on a double date.
37. Go skydiving.
38. Go to a jazz club.
39. Go canoeing or kayaking.
40. Do a DIY project together.
41. Create a scavenger hunt.
42. Get a couple's massage.
43. Take a dance class.
44. Play trivia at the local bar.
45. Go to the fair or the local festival.
46. Sign up for a tour of your downtown.
47. Go people watching downtown.
48. Play a game of pool.

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49. Take an improv class.

50. Go to a drive-in movie.

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